**Utica Roadrunners Personal Mileage and Race Record for 2023**

**NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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| --- | --- | --- | --- | --- | --- |
| **Date** | **Race** | **Distance** | **Time** | **PR?** | **Place/Award** |
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**Total Miles Run (or Run/Walk) in 2022: \_\_\_\_\_\_\_\_\_\_ Total Miles Walked (only) in 2022:\_\_\_\_\_\_\_\_\_\_**

**Total Miles Run as a Utica Roadrunner: \_\_\_\_\_\_\_\_\_\_**

**Total Volunteer Points for 2022:\_\_\_\_\_\_\_\_\_\_\_**

**Are you looking to get your Red Jacket? (circle one) Yes No**

**Personal Volunteer Information for Red Jackets/Patches (Check all that apply, for Red Jackets ONLY volunteer items can be from 2021 and 2022):**

\_\_\_Club Board Member \_\_\_Club Officer \_\_\_Club Race/Program/Event Director

\_\_\_Club Committee Head/Coordinator \_\_\_Club Committee member

\_\_\_Development Runs (# of times volunteered \_\_\_\_\_)

\_\_\_Boilermaker Training Program (# of times volunteered \_\_\_\_\_)

\_\_\_SplitTimes Article (# of articles \_\_\_\_\_)

Race Day or Packet Pick-Up Volunteer

\_\_\_S.O.S. Race \_\_\_Summer Sizzle

\_\_\_Falling Leaves \_\_\_Skeleton Run

\_\_\_Run 2 End Hunger \_\_\_Run Against Racism

\_\_\_Safety Run

\_\_\_Other Club Supported Events (please list:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_)

\_\_\_Other (list: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_)

Please return this form (**no later than January 31, 2023**) to: **Melissa Barlett – UR Mileage Info, 1803 Butterfield Ave, Utica, NY 13501 or email to** **docbarlett@gmail.com** **(UR Mileage in subject line)**